

SC **STONE CHIROPRACTIC**

Building A Healthy Foundation

Patient Goals and Expectations:

Please check **one** of following, as it applies to *you*.

Your answer will in no way effect the level of treatment you receive. The sole purpose of this document is to inform your chiropractor of your personal goals and expectations to better serve you.

_____ **Pain Relief** - My singular goal is relief of my pain symptoms. My only expectation is that the doctor of chiropractic will provide care to help alleviate these symptoms.

_____ **Health Care** - My goal is to get back to the level I had before the symptoms began, and/or to maintain my current health. My expectation is for the doctor to provide care that will both reduce my symptoms and help regain my previous health state.

_____ **Wellness** - My goal is to improve my overall health. My expectation is that the chiropractor will aid in designing a personal program for this improvement.